



# Driver Safety: Three Points of Contact

## The CompWest Difference

CompWest customers are assigned a dedicated loss control consultant to identify and address loss trends while serving as a safety resource.

### What are the three points of contact?

This important rule requires at least three points of contact at all times when getting on/in or off/out of a vehicle: two hands and one foot, or two feet and one hand.

### How to stay safe

Each year, far too many serious and needless injuries happen to drivers while getting in and out of their vehicles. By using the three-point contact method you will greatly reduce the potential for injuries.

### Remember these key points:

- Maintain three-point contact at all times when entering or exiting a vehicle.
- The three-point contact method should only be broken after reaching the ground, vehicle seat or other stable platform.

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- Never enter or exit a moving vehicle.
- Always make slow, deliberate movements to avoid injury from slips and falls.
- Enter and exit a vehicle at the most direct and secure point.
- Only those employees who are authorized to drive on-the-job should do so.
- Always wear appropriate footwear for the weather conditions.

Lead by example to help influence others to be safe.

For more useful safety information, or to find a CompWest agent near you, visit [www.CompWestInsurance.com](http://www.CompWestInsurance.com).

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