



Safety Tips for Pallet Jack Operators

- Only use a pallet jack if you are trained to operate one.
- Always inspect the equipment before using it.
- Never exceed a pallet jack's load capacity.
- Never move a load that is unstable as this can cause a serious injury to you or to others.
- When possible, product stacked on pallets should be secured using plastic wrap.
- Never move a double pallet stack that can be moved more safely with a forklift.
- Inspect the floor for ruts, bumps and other imperfections.
- Never place your feet under a pallet jack.
- It is normally better to push a pallet jack than to pull it.
- Stick to correct traffic lanes, and be alert to avoid collisions around blind corners.
- Use proper lifting techniques when loading and unloading pallets.
- When your view is obstructed, have another employee help you guide the load.
- Don't use a pallet jack for human transportation
- Be aware of pinch point hazards to your hands when moving loads.
- Pallets should be kept in good condition. Damaged pallets should be repaired or removed.
- Use protective gloves when handling pallets.

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