



Identifying Exposures in Home Cleaning

Risk:	Exposures:	Controls:
Home environment	<ul style="list-style-type: none"> • Struck by • Overexertion • Slips/falls 	<ul style="list-style-type: none"> • Complete home assessment to identify hazards. • Remove/correct trip hazards like throw rugs and cords, and ensure main walkways are free of clutter/debris. • Educate employees on proper body mechanics and to be aware of hazards.
Driving exposure	<ul style="list-style-type: none"> • Accidents • Crime • Ineffective driving • Road conditions • Auto breakdown 	<ul style="list-style-type: none"> • Complete motor vehicle record (MVR) checks. • Encourage employees to drive their usual routes. • Provide driver safety training. • Park in well-lit areas. • Encourage employees to cluster driving and appointments. • Formalize cell phone use guidelines. • Define defensive driving policy (cell phones, speed limit, eating while driving, etc.). • Develop contingency plan for inclement weather (e.g., backup caregivers, visit schedule revisions, etc.)
Personal protective equipment (PPE)/ clothing/apparel	<ul style="list-style-type: none"> • Slips/falls • Health hazards 	<ul style="list-style-type: none"> • Enforce use of proper PPE, e.g., close-toed shoes, gloves, safety glasses, etc. • Practice universal precautions where bodily fluids are present.
Pets	<ul style="list-style-type: none"> • Bites and scratches • Contusions • Slips/falls 	<ul style="list-style-type: none"> • Develop pet policy which includes restraining pets prior to arrival (if outside) or entry into home. • Require documentation of pets' current vaccinations.
Demanding clients		<ul style="list-style-type: none"> • Provide instruction on de-escalation techniques. • Ensure client tasks are clearly defined. • Authorize employees to call for help if necessary.
Emergency preparedness		<ul style="list-style-type: none"> • Develop plans to address earthquakes, fire, gas leaks, inclement weather, etc.



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